

Unleash Your Creativity with a Splasherist Splash Art Session



There is this particular kind of freedom that shows up when you do something you were told your whole life not to do. Like throwing paint at a wall. Or flicking it across a canvas with your bare hands. Just watching colour burst everywhere, in every direction, with no actual plan for where it lands, kind of like,, whatever. That freedom is basically what Splasherist has built a business around, and it's why [rage painting](#) has turned into one of those most talked about experience days in the UK. With studios in Bath, Bristol, and Worcester, Splasherist has taken “making a mess” and turned it into an art thing quite literally and thousands of people have already left their sessions, holding a canvas they made themselves, feeling lighter than they did when they walked in.

If you've never heard of rage painting before, or you've heard the phrase tossed around but you're not really sure what it actually involves, this article will show you what a Splasherist session looks like in real life. It'll also cover why it's become such a popular way to blow off steam, and what makes each of the three places Bath, Bristol, and Worcester worth checking out.

What Exactly Is Rage Painting?

No Skill Required That's the Whole Point

specifically for people who don't really see themselves as artists, or maybe they don't, you know. There's no instructor standing over your shoulder fixing your technique, no "wrong" way to hold a brush, and no expelf the word art makes you nervous you can take a breath. splasherist experiences are built on the idea that what you create doesn't have to look like anything in particular. The whole point is that anyone regardless of age or creative skill can walk in, pick up a brush, or take a handful of paint, and then walk out with something beautiful just by letting go. This is a big part of why rage painting has caught on so hard with all kinds of folks: stressed-out professionals looking for a release, groups of friends celebrating a birthday, couples wanting a different sort of date night , and even families trying to find something enjoyable and mess-friendly to do together.

How a Splasherist Session Works

Every session goes through that same, sort of simple four step journey, whether you come solo or show up with a group:

1. Book & Arrive. You decide your experience , choose a studio location, select a time slot, then confirm your booking online. On the day, you just show up a few minutes early with your own drinks, and yeah your own playlist, because the sessions are BYOB and you're basically encouraged to bring songs that match the vibe, so you can jump right into creating.

2. Suit Up. Before you even get close to a canvas , you're dressed up in full protective gear. Think overalls or a poncho (sizes from small all the way to 3XL), plus a face shield or goggles, anti-slip shoe covers, and gloves. Lockers are available for whatever you'd rather keep away from paint, and there's a speaker ready so your soundtrack can play loud while you work.

3. Unleash. This is where it really happens. You're handed a private studio nook, with a bunch of tools, brushes, and accessories, and then it's entirely up to you. Throw it, flick it, spray it — splash the walls, splash your friends, and go wild with zero need for hesitation or self awareness.

4. Take It Home. When your session wraps, your canvas (up to A3) is yours to take immediately, or you can swing by later if you want to let it dry a bit. Some studios can even arrange delivery for bigger canvases up to A2. Either way, you walk out with a real, one of a kind artwork piece, ready to hang on your wall, as a small souvenir from the whole experience.

The Range of Experiences on Offer

Splasherist really isn't one size fits all, it's a kind of workshop that changes depending on what mood you're chasing. Basically, you can pick between a few different experience formats, and each one feels a bit different, in a good way.

- **Splasherist Experience (from £35pp)** the original, self guided 50 minute session in a private studio. just pure unfiltered, creative mayhem, great for ages 5 and up.
- **VIP Splasherist Experience (from £49pp)** still the same 50 minutes of private studio time, but with a bigger canvas and bottomless paint if you want to go even bolder.
- **Neon & Splash (from £39pp)** a 45 minute session under UV lighting, using neon paint, so you end up with a glowing, one of a kind creation (ages 16+).
- **Splash & Gong (from £49pp)** a guided, meditative workshop. singing bowls and gongs kind of set the rhythm for your brushwork, mostly under UV lighting, and it leans more toward a sort of transcendent, calm creative experience (ages 16+).
- **Splash & String (from £65pp)** a self guided public workshop where a live cello performance helps shape your mark making, with a UV lighting part in the middle, (ages 18+).

And if none of those quite fit, there are extras you can add to any booking, including neon paint, glitter, metallic paint, larger canvases, and even shaped canvases. so if you want your finished artwork to pop that little bit more, you can tailor the whole thing to suit you.

Rage Painting in Bath The Original Studio

Bath is kinda where it all began for Splasherist, and the studio there still has that founding spark, even if it feels a bit different on each visit. It's at 12 Widcombe Parade, and the Bath space can take up to 16 people downstairs and 10 upstairs, so it's flexible enough for pretty much any plan, from a one to one session to a decent sized group get together that runs a little louder. There's also free one hour parking close by, plus wheelchair access, which makes it pretty straightforward to reach whether you're coming from the city centre or somewhere just outside it.

So if you're chasing the "original" rage painting experience, the one that basically kicked off the whole thing, booking in at Bath is the obvious move. The studio has built a solid local fan base, with regular five star reviews that mention the friendly hosts and how much fun you actually get from an hour of flinging paint around, with zero pressure or expectations in the way.

Rage Painting in Bristol The Largest Studio

For anyone wanting to get stuck in with rage painting on a bigger scale, Bristol is the studio you'll want to know about , honestly. It's based at Willway Yard and it's the biggest of the three spots, with space for up to 26 participants, which is ideal for hen parties, stag dos, corporate away days , or those very large birthday groups where everyone can splash paint together instead of taking turns in rotation. There's free private parking right on site, the place is wheelchair accessible too, and Bristol is also

the only location that's currently giving a 20% deposit option, which makes it simpler to lock in a bigger booking without coughing up the full amount straight away.

Because of the sheer size, Bristol gets picked a lot for corporate events and celebrations, especially when there's a big crowd and people want to unload some steam in the same session. Reviews have also mentioned, more than once, how smoothly the studio manages larger groups, with hosts keeping things upbeat and making sure the whole lot are looked after properly, right from the first moment to the end.

Rage Painting in Worcester The Midlands Studio

Worcester sort of finishes the trio as Splasherist's Midlands base, set at 2 New Street. It's a smaller, more intimate studio with a max of 15 participants, so it ends up being a really solid option for the smaller crews, date nights, or those family sessions where you want a little more personal space, so you can get right stuck in. There's a pay-and-display car park only about two minutes away, and the place also has reduced mobility access.

If you're somewhere around the Midlands and you'd rather not trek all the way down to Bath or Bristol, Worcester brings the very same rage painting format, with full PPE, private studio time, BYOB, plus a canvas you take home. It's basically the whole thing right at your doorstep.

Why People Keep Coming Back

Splasherist has now run over 5,000 sessions across its three studios, and it consistently holds a five-star rating from guests. A big part of that is how genuinely cathartic it feels. There's just something deeply satisfying about being given full permission to make a mess, especially in a world where most of us are always being told to be careful, be tidy, and be controlled. For an hour, none of that applies though.

And honestly it's just... fun, like proper fun, as a shared sort of activity. Because sessions are BYOB and you can bring your own playlist, no two bookings ever feel fully identical — a hen party session can have a completely different vibe to a quiet date night or even a reflective "Splash & Gong" kind of workshop. That kind of flexibility is a major reason Splasherist works just as well as a birthday treat, a corporate team building exercise, an educational trip, or simply a way to spend a Saturday afternoon doing something you'd never normally do.

Booking Your Own Session

Whether you feel pulled toward the original studio in Bath, the space and scale in Bristol, or the more intimate setting in Worcester, the process of booking is pretty simple: pick your experience, choose your place, select a time slot, then show up ready to get messy. Sessions do fill up quickly, especially on weekends. So it is wise to book ahead, if you've got a specific date you're aiming for. Gift cards are available

too, which makes Splasherist an easy, and memorably different, gift for a friend or family member who could really use a creative outlet.

At its core, a Splasherist session isn't all that much about producing some big masterpiece. It's more like giving yourself the green light to loosen up, to make noise, to end up splashed in paint, and to leave with evidence that, honestly, the best art can arrive when you throw out the whole rulebook. No matter if you go for Bath, Bristol, or Worcester, one thing stays true: you'll walk away with a canvas that's entirely, unmistakably, yours.