



**FAMILY
PHYSIOTHERAPY**
ACCIDENT, CONCUSSION, SPORTS, SPINE, DIZZINESS,
VERTIGO, MASSAGE & PHYSIO CLINIC

SPORTS PHYSIOTHERAPY

SUPPORT FOR INJURY RECOVERY, MOVEMENT,
AND ACTIVE LIVING IN EDMONTON



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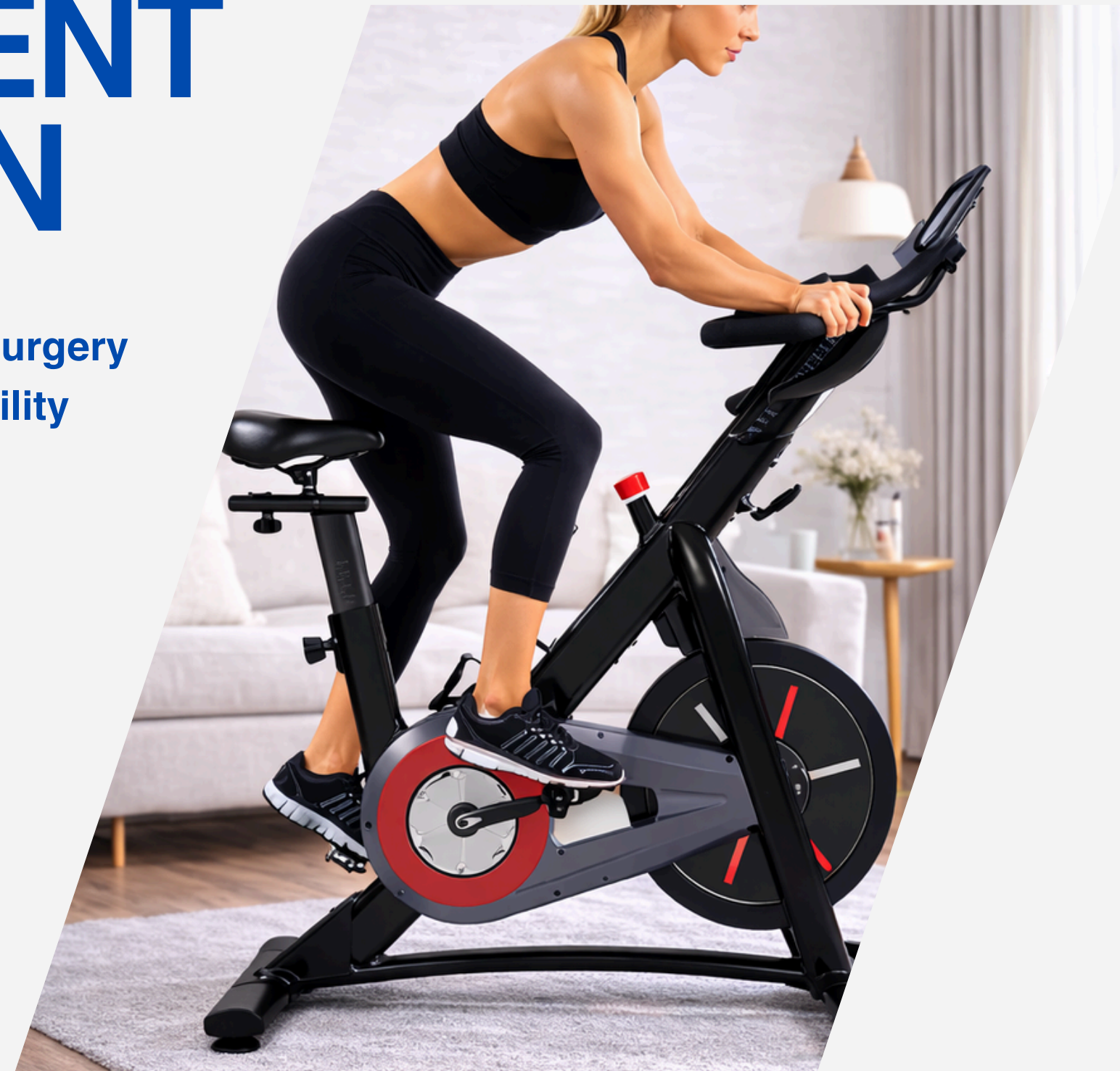
SPORTS INJURY CARE



- Care for muscle, joint, and ligament injuries
- Treatment plans designed for different activity levels
- Focus on restoring strength and movement
- Support for common sports injuries and overuse conditions

ACL TREATMENT EDMONTON

- Rehabilitation programs after ACL injury or surgery
- Exercises to improve knee strength and stability
- Gradual return to movement and activity
- Guidance to support safe recovery progress





RECOVERY AND MOVEMENT BENEFITS

- May help reduce pain and improve flexibility
- Supports strength and coordination
- Helps improve movement patterns
- Care plans tailored to individual recovery needs



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THANK YOU



GET IN TOUCH



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